

And then the day came, when the risk to remain tight in a bud was more painful than the risk it took to blossom Anais Nin

the road less travelled
Counselling

Low-fee counselling service: Hammond Institute provides a low-fee counselling service for members of the public. The counsellors are graduates and advanced students of the institute, trained under PACFA guidelines and in the supervision of qualified practitioners.

This clinic is a valuable community resource offering support for people experiencing challenging situations in their life. Counselling can really help when we have life events that temporarily overwhelm us.

We can assist you with:

- Relationship breakdown or issues
- Grief and loss
- Major Life Transitions like:
Relocating, changing careers, new babies,
blending families, major illness
- Addictions
- Parenting and family issues
- Depression and anxiety

Please call **9904 6748** to book an appointment

Fully confidential service. Means-based fee structure \$25 - \$50 per hour.

The clinic is located at
Level 4, 44 Hampden Rd, Artarmon
(cnr Jersey Rd opposite Post Office)

 **Hammond Institute**
COUNSELLING COURSES WITH A DIFFERENCE